MAY 2023

CENTRAL YORK K-6



Students - No Charge	Milk is included with each meal: 1% Low Fat Chocolate, 1% Low Fat Va Strawberry, 1% Low Fat White or Fat Alternative Milk Choice: Soy and Lacta	Free White Milk.	 Daily Cold Breakfast Offerings will include: Cereal, Cereal Bar Pop Tart w/ Yogurt or Cheese Stick *Contains Pork/Ham 		
MONDAY	TUESDAY	WEDN	ESDAY	THURSDAY	FRIDAY
Pancakes w/Syrup Assorted Fruit Juice Milk	Mini Bagel Assorted Fruit Juice Milk	Breakfast Sa w/Egg, Chees Assorted Fruit Juice Milk	se & *Bacon	Muffin Assorted Fruit Juice Milk 4	Mini French Toast Assorted Fruit Juice Milk 5
Apple Breakfast Bites Assorted Fruit Juice Milk 8	*Egg Extravaganza Hash Brown Assorted Fruit Juice Milk	Mini Waffles Assorted Fruit Juice Milk	10	Breakfast Bagel w/Egg & Turkey Sausage Assorted Fruit Juice Milk 11	EARLY DISMISSAL Mini -Cinnis Assorted Fruit Juice Milk 12
Breakfast Sandwich w/Egg, Cheese &*Sausage Assorted Fruit Juice Milk	Donut Assorted Fruit Juice Milk	Waffles w/Syrup Assorted Fruit Juice Milk	17	Muffin Assorted Fruit Juice Milk 18	Mini French Toast Assorted Fruit Juice Milk 19
Fresh Baked Donut Assorted Fruit Juice Milk 22	Breakfast Bun Assorted Fruit Juice Milk 23	Scrambled Eg w/Biscuit Assorted Fruit Juice Milk		Mini - Cinnis Assorted Fruit Juice Milk 25	Breakfast Pizza Assorted Fruit Juice Milk 26
NO SCHOOL	Cook's Choice Assorted Fruit Juice Milk 30	Cook's Choic Assorted Fruit Juice Milk			