



CENTRAL YORK SCHOOL DISTRICT COMMUNITY AQUATICS PROGRAM

FALL 2022

Welcome to the Fall 2022 Central York School District Community Aquatics Program Guide. Schedules and prices are listed for all offerings. Program descriptions & registration are available in our Web Store online. Refer to page 4 for more details on accessing the Web Store.

AM Lap Swim: 5:30 to 6:45 a.m., September 12-November 23, Mondays, Wednesdays, Fridays

**** No session October 10**

Cost: \$40/Resident; \$55/Non-Resident

PM Lap Swim: 8:00 to 9:00 p.m., September 12-November 17, Mondays, Tuesdays, Wednesdays, & Thursdays

**** No session: September 13, 15, 22, 29, October 4, 6, 8, 10, 12, 13**

Cost: \$40/Resident; \$55/Non-Resident

Combination Lap Swim Option

Cost: \$60/Resident; \$82/Non-Resident

Recreational Swim: Sundays, 12:00-5:00 pm, September 11-November 20

****No session October 16**

Please note, a portion of the pool will be reserved for lessons until 2:45pm

Day pass:

Cost: \$3.00/Resident Per Swim (& Guests); \$5.00/Non-Resident (& Guests)

Seasonal REC Swim Pass: Valid for fall session

Cost: \$15/per Resident, \$25/per Non-Resident

WATER EXERCISE CLASSES:

Water Aerobics

Session A: 7:30 to 8:30 pm, Mondays & Wednesdays, September 12-November 16

**** No class: October 10, or 12**

Cost: \$30/Resident; \$50/Non-Resident

Session B: 7:30 to 8:30 pm, Tuesdays & Thursdays, September 20-November 17

**** No class: September 22, 29, October 4, 6, or 13**

Cost: \$20/Resident; \$40/Non-Resident

R E M I N D E R

Fall session begins a new membership period. All participants need to renew membership with their registration.

GENERAL INFORMATION

Aquatics Program Contact Information

For additional questions or concerns, please contact Catherine Lane, Aquatics Director, at (717) 846-6789 ext. 1375 or clane@cysd.k12.pa.us or Mrs. Jane Bauer, Athletics Department Secretary, at (717) 846-6789, ext. 1316 or jbauer@cysd.k12.pa.us.

Aquatics Website

The aquatics website can be found at www.cysd.k12.pa.us under the 'Community' tab. All program cancellations and aquatics department updates are posted online.

Membership Fees

Membership in the Community Aquatics Program is required for participation in ALL programs, including Recreational Swims. Fees are charged to cover costs associated with pool maintenance and session staffing. All participants are required to pay the annual fee one time during the membership period. **Membership is valid September 1, 2022 through August 31, 2023.** Fees are not refundable.

Individual: \$10/Resident; \$25/Non-Resident

Family: \$15/Resident; \$40/Non-Resident

CENTRAL YORK SCHOOL DISTRICT

775 Marion Road York, PA 17406 ✕ (717) 846-6789 ✕ www.cysd.k12.pa.us

CENTRAL YORK SCHOOL DISTRICT COMMUNITY AQUATICS PROGRAM

The Learn-to-Swim program follows American Red Cross guidelines to structure and help you and/or your child learn to swim skillfully and safely. Guidelines are available online at: www.cysd.k12.pa.us.

SWIM LESSON INFORMATION

PARENT-CHILD LESSONS (AGES 6 months-3 years):

Cost: \$30/Resident; \$40/Non-Resident

An adult is required to be in the water with the participant

PRESCHOOL LESSONS (AGES 3-5):

Cost : \$30/Resident; \$40/Non-Resident

An adult is required to be in the water with Preschool Level 1

ELEMENTARY BEGINNER: (AGES 6 +):

Cost: \$20/Resident; \$30/Non-Resident

Course is designed to prepare new swimmers for Level 1

An adult is required to be in the water for elementary beginner

LEVELS 1-6 SCHOOL AGED LESSONS (AGES 6+):

Cost: \$20/Resident; \$30/Non-Resident

INTRO TO WATER POLO

Cost: \$20/Resident; \$40 Non-Resident

Participants must be at least a Level 4 or above to register.

Course will provide an overview of the basic skills, techniques, and rules of the game.

*****NEW: Stroke Development*****

Small group lessons for Middle and High School Beginners

Cost: \$20/Resident; \$30/Non-Resident

ADAPTIVE LESSONS

\$20/Resident; \$30/Non-Resident

Additional lessons may be scheduled by emailing: clane@cysd.k12.pa.us

ADULT LESSONS

\$40/Resident; \$60/Non-Resident

Before enrolling for lessons, please review the guidelines on the placement chart to determine which Level is suitable. The placement chart can be found on our [Aquatics Website](#) at the bottom of the page.

Note: The letters on the schedule correlate with the registration online. For example, the Level 3 lessons offered Tuesday & Thursday October 18-27 will be listed as Levels 3 & 4-TR1 (Fall 22)

SCHEDULES ON THE NEXT PAGE

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SWIM LESSON INFORMATION-SCHEDULES

Sessions	
Mondays	(M1) September 12, 19, 26, October 3 (M2) October 17, 24, 31, November 7
Wednesdays	(W1) September 14, 21, 28, October 5 (W2) October 19, 26, November 2, 9
Tuesday & Thursday	(TR1) October 18, 20, 25, 27 (TR2) November 1, 3, 8, 10
Sundays	(S1) October 23, 30, November 6, 13

Mondays		
5:15-5:45 PM	Preschool	Parent & Child
5:50-6:20 PM	Levels 1 & 2	Elementary Beginner
6:25-6:55 PM	Levels 3 & 4	Adaptive
7:00-7:30 PM	Levels 5 & 6	

Wednesdays		
5:15-5:45 PM	Water Polo	
5:50-6:20 PM	Levels 1 & 2	
6:25-6:55 PM	Levels 3 & 4	
7:00-7:30 PM	Stroke Development	

Tuesday & Thursday		
5:15-5:45 PM	Preschool	Parent/Child
5:50-6:20 PM	Level 1 & 2	Elementary Beginner
6:25-6:55 PM	Levels 3 & 4	Adaptive
7:00-7:30 PM	Levels 5 & 6	

Sundays		
12:15-12:45pm	Adult	Stroke Development
1:00-1:30pm	Preschool	Parent Child
1:35-2:05pm	Level 1 & 2	Elementary Beginner
2:10-2:40pm	Level 3 & 4	Adaptive

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REGISTRATION **INFORMATION**

The Central York School District now provides participants with an easy and convenient way to register and pay online for our Aquatics programs!

2 WAYS TO REGISTER:

- **Online Registration:** Participants may pay with VISA, Discover or Master Card debit or credit cards. The Central York Web Store accepts online payments 24/7 through a secure site provided by RevTrak, a national credit card payment processor. You will need the following information to register: Your name, address, phone number, email address and the name & birth dates of any family member you wish to register.
You can access the Web Store link to register by visiting our Aquatics Brochure webpage at: http://www.cysd.k12.pa.us/community/aquatics_department
- **Register over the phone:** For participants without Internet access or who must pay by cash or check, please call Mrs. Jane Bauer, Aquatics Secretary at (717) 846-6789 ext. 1316. You will need the following information: Your name, address, phone number and the name & birth dates of any family member you wish to register. If there is vacancy in the desired program(s), you will be asked to mail in your payment to: Aquatics Secretary, 601 Mundis Mill Rd, York, PA 17406. Checks made payable to "CYSD".

Registrations for **swim lessons** will close after the deadline.
All other programs will accept registrations until filled.

**Registration will close 10 days
prior to the start of lessons.**

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